



REPLY TO  
ATTENTION OF

DEPARTMENT OF THE ARMY  
HEADQUARTERS, TRIPLER ARMY MEDICAL CENTER  
1 JARRETT WHITE ROAD  
Tripler AMC, Hawaii 96859-5000

## Checklist of things to do in preparation for Joint replacement surgery

- The Surgery scheduler will call you and offer you a surgery date as well as book your pre-op appointment with orthopedics and SAC (Surgery Admission Center). Your date of surgery will usually be 2-3 months in the future.
- Medical Clearance. You will have to see either your PCM or Internal Medicine at Tripler (If on island) or your nearest MTF(Air Evac). Must be completed within 30 days of your surgery.
- Dental Clearance. You must be cleared for surgery by your dentist 90 days before surgery.
- Pre-Op. You must come back and see your Surgeon in Orthopedics before your surgery.
- SAC (Surgery Admission Center). Usually scheduled on the day of your Pre-op with Orthopedics. This is an interview with the anesthesiologist and SAC nurse. Usually takes 2-3 hours.
- STOP TAKING NAPROSYN, MOTRIN, DAYPRO, CELEBREX, and blood thinners (Coumadin and Plavix) 14 DAYS PRIOR TO SURGERY. Let your surgeon know if you take these medications for a specific condition.

NOTE: Your medical clearance must be completed by a Physician, be sure to confirm that you are "Cleared for Surgery." Medical and Dental clearances should be completed before your Pre-Op appointment with Orthopedics but within 30 days of your date of surgery. If you have Diabetes, your Diabetes must be under control with Hemoglobin A1C levels < 7.5. If you have any questions please call 808-433-5815. You can fax forms to 433-5806.